



L'Oriental Medina
R I A D & S P A



L'Oriental Medina Riad & Spa has its own exquisite spa area with a private hammam and massage/beauty treatment room.



The hammam is either private or public. In the past, only well-to-do families had a steam bath at home. It usually had only one hot room. When the hammam is open to the public, it is a popular place. At that time, hot water did not reach the houses except in the homes of the notables. The production of hot water required a fireplace to be heated for a long time or even permanently in order to prevent heating loss.

Men and women separately met there, from all classes. In the Hammam, there is no social distinction and all classes mix up. For the women, during the time when the hammam was the only authorized public place to go to, this place constituted a great moment of well-being and escape of the day to day life. Mothers also used to look for future wives for their male children. Social codes made it possible to know the family situations of each one according to the colour of the towel.

Even today, the Hammam in Marrakech is very popular in Morocco where not everyone has the modern comfort of running water or a bathroom.

The ritual consists of staying in the warmest room for a while to activate sweating and dilation of the pores of the skin, allowing toxins to escape. Soap yourself with Hammam in Marrakech Moroccan natural black soap and then scrub energetically with a kessa glove to remove impurities from the skin's surface.

Oriental Ritual – Hammam + Massage

550 MAD

The Oriental treatment - a hammam detox with mask, followed by a relaxing 60-minute massage. Heavenly!

Hamмам beldi

400 Mad

A traditional hammam using black soap (made from pressed olives and eucalyptus oil) to cleanse your skin and leaving you feeling totally relaxed and your skin silky smooth.

Hamмам with exfoliation treatment

450 Mad

A hammam with black soap to cleanse your skin followed by a scrub using an exfoliating mitt or “kiis” to remove dead skin and purify leaving you squeaky clean!

Hamмам beldi detox with ghassoul (mask)

450 Mad

A complete body detox, cleanse and scrub followed by a nourishing ghassoul clay mask rejuvenating your skin and leaving it supple and smooth.

To complete your relaxation we serve Moroccan mint tea after your treatments. You can also take a dip in our pool or relax on the roof sipping mint tea.



Revitalising Body Massage

Stimulating body massage aimed to improve your blood circulation and rejuvenating your skin cells

<i>Facial massage 20 min</i>	<i>300 Mad</i>
<i>Either back or legs 30 min</i>	<i>350 Mad</i>
<i>Body massage 30 min</i>	<i>300 Mad</i>
<i>Full body massage 60 min</i>	<i>550 Mad</i>



<i>Face and Head Massage ½ hour</i>	<i>300 Mad</i>
<i>Leg Massage ½ hour</i>	<i>300 Mad</i>
<i>Reflexology ½ hour</i>	<i>400 Mad</i>

